LAW 1 — MEETING 1

The Law of Intentionality

Growth Doesn't Just Happen…

I. Personal Growth is not a _____ in most people's lives.

II. Growth Gap Traps

1. **The Assumption Gap –** *"I assume that I will _____ grow."*
2. **The Knowledge Gap –** *"I _____ to grow."*
3. **The Timing Gap –** *"It's not the _____ to begin."*
4. **The Mistake Gap –** *"I am afraid of _____."*
5. **The Perfection Gap –** *"I have to find the best way _____ I start."*
6. **The inspiration Gap –** *"I don't _____ like doing it."*
7. **The Comparison Gap –** *"_____ are better than I am."*
8. **The Expectation Gap –** *"I thought it would be _____ than this."*

_____ + _____ +

_____ + _____ = _____

© 2012 John Maxwell Program

IV. MAKING THE TRANSITION TO INTENTIONAL GROWTH

A. Ask the _____ Now

B. Do It _____

C. Face The _____

D. Change From _____ To _____ Growth

Accidental Growth		Intentional Growth
0 1 2 3 4 5 6 7 8 9 10		
Plans to start tomorrow		Insists on starting now
Waits for growth to come		Takes responsibility to grow
Learns only from mistakes		Learns before mistakes
Depends on good luck		Relies on hard work
Quits early and often		Perseveres long and hard
Falls into bad habits		Fights for good habits
Talks big		Follows through
Plays it safe		Takes risks
Thinks like a victim		Thinks like a learner
Relies on talent		Relies on character
Stops learning after graduation		Never stops learning

© 2012 John Maxwell Program

Applying the Law of Intentionality to your Life

Reviewing the Gaps, ask yourself which of these gaps has presented the greatest challenge for you?

1. **The Assumption Gap –** *I assume I will automatically grow*
2. **The Knowledge Gap -** *I don't know how to grow*
3. **The timing Gap –** *It's not the right time to grow*
4. **The Mistake Gap –** *I am afraid of growing*
5. **The Perfection Gap –** *I have to find the best way before I can start growing*
6. **The Inspiration Gap –** *I don't feel like growing*
7. **The Comparison Gap –** *Others are better than I am*
8. **The Expectation Gap –** *I thought it would be easier than this*

OVERCOME GROWING PAINS

(Specific Steps to Amazing Growth)

Want to really grow? Take some time and write out a growth plan to address each area above. And take the first step TODAY to grow.

Look at your calendar for the next year: Schedule specific, timed and focused growth plans. If you think you don't have to time to schedule something else, imagine what last year could have looked like if you had scheduled plans for growing.

Remember, growing is not a goal, but a life-long process that MUST start with being intentional. While scheduling growth time may seem simplistic, it IS the beginning of action intention.

Read the next chapter this week – *The Law of Awareness*

© 2012 John Maxwell Program