



2021

year end review

&

2022

planning guide



Year End Review



Gratitude

As I reflect on the last 12 months, I am most grateful for:

Progress Check

During the Last 12 Months I Achieved These Goals:

-
-
-
-
-
-
-
-
-

Summarize the Key Tasks, Projects & Results from the Last Year:

Completed

Outstanding



Year End Review

Reflection



Moments:

What were the best moments of the past year?

People:

Who did I spend the most time with? Was it time well-spent?

Who should I spend more time with?

Adventure:

What place or event gave me the most joy?

What didn't I do that I really wanted to?

Creativity:

Where was I most creative?

What hobbies or activities fed my creativity?

How can I be more creative in the new year?



Year End Review

Reflection



Time:

What was the best use of my time?

What was the worst use of my time?

Where & How can I reallocate time to planning important but not urgent items?

Growth:

How did I grow personally this past year?

What did I learn from my successes?

What did I learn from my setbacks, missteps, failures?

Health & Wellness:

What did I do to improve my Health & Wellness?

What will I do/ how will I be more intentional regarding my Health & Wellness in the New Year?



Year End Review

Business/Career Activities



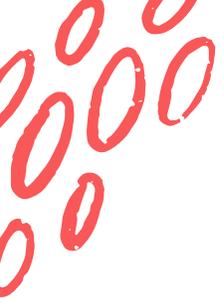
Which activity(s) produced the most progress or best result? What really worked?

What activity(s) will I eliminate or adjust? What didn't work?

What activity(s) do I need to improve or increase next year? Where do I need to get better?

What did I learn that moved me forward in my Business/Career?

What do I need to learn to achieve what I want in my Business/Career in the new year?



Year End Review

Celebration!



The Victories & Milestones I will Celebrate from the Past Year:

What

How



Next Year Plan



My Theme or Inspiration for the New Year:

My Top 3 Areas of Growth & the Plan

1.

2.

3.



Next Year Plan



Annual Goals:

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.



Next Year Plan



The Consistent Activities to Reach My Goals:

Daily:

Weekly:

Monthly:

My Top 3 Priorities for the first Quarter:

1.

2.

3.



Next Year Plan Celebration!

The Victories & Milestones I will Celebrate Next Year:

What

How